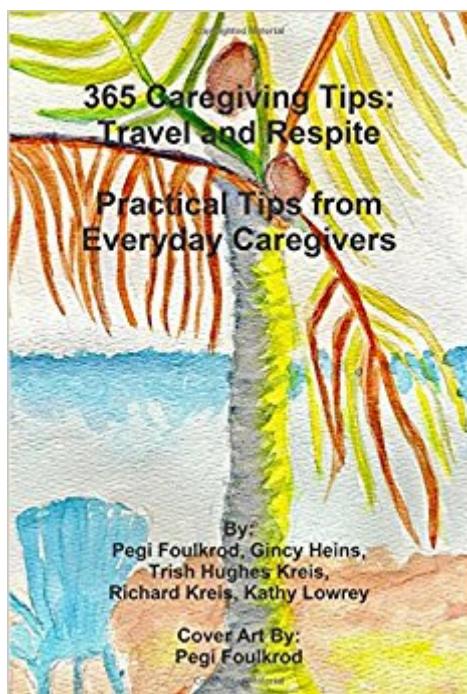


The book was found

365 Caregiving Tips: Travel And Respite Practical Tips From Everyday Caregivers



Synopsis

Caregiving is hard enough and now we want to throw in traveling together?! Or arranging for a respite? Don't caregivers have enough to do?! Yes we do but traveling or taking a respite is something all five authors have done while caregiving. Oh, it is not easy (understatement alert!). We understand how scary and overwhelming it is - we felt that too. All of us. A lot. It is not easy to overcome those worries and fears but it is definitely worth it. We have been there and want to help you overcome any fear you have about traveling with your loved one or arranging for a caregiving break. We also know that it is truly difficult to leave and sometimes downright impossible. Because of that, we have included tips for your mental and physical well-being while staying at home. Whatever you choose to do, know there are others on this caregiving journey with you and we are here to help. We are in this together! Connect with us at www.365CaregivingTips.com

Book Information

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Customer Reviews

Sometimes life throws us a few curveballs. Sometimes they come from people; sometimes from circumstances and sometimes just plain old bad luck. No matter where the hard times come from, caregiving related or not, family and friends are who will get us through. We are in this together! Pegi, Gincy, Trish, Richard and Kathy want to thank our family and friends for getting us through some very dark days and, from the bottom of our hearts, dedicate this second in a series of caregiving books to them. Our first book, 365 Caregiving Tips: Practical Tips from Everyday Caregivers, was borne out of a passion to share practical caregiving tips with other caregivers in an easy to read format. That simple idea has become our Little Engine That Could and for that we are

also extraordinarily grateful to you, the reader. Many of you, along with our family and friends, reminded us as we also reminded each other of that little train's mantra: I think I can, I think I can, I think I can . . . It is only fitting that our second book 365 Caregiving Tips: Travel and Respite - Practical Tips from Everyday Caregivers is about going places! Thank you for believing in us and for cheering us on. Now we can really say: I thought I could, I thought I could, I thought I could!

This book was an easy read and a life saver - literally. We were going on a road trip from California to Michigan to drop our daughter off at college. That was going to be hard in itself, not to mention traveling with my husband who has Alzheimer's/Dementia. I got this book and did a speed read, focusing on the travel portion of it. The authors did an excellent job covering all of the possible scenarios and how to handle it with grace and ease. The tips for hotel rooms, gas station/rest areas and the airport, were priceless. This book is a must have. Thank you to the authors for taking the time to share your knowledge with us.

"Practical" is the key word in this title! It is obvious that the authors have experience traveling with people who require constant care. This is not a 'sit down and read cover-to-cover' book; it is literally a numbered list of ideas and suggestions that are tried and true. One tip I would add is to expect confusion if your traveling companion has dementia. And be able to recognize when traveling is no longer an option if the confusion becomes too great.

Wow, this book really hits the mark. It's stressful enough planning to travel while in caregiver mode...there is so much to consider, remember and keep track of. The information in this book covers all the bases! It is a master-list that will help any caregiver prepare to travel with their loved one. 'Wow, I never thought of that!' and 'Wow, that's a great idea' is what I kept thinking as I read cover to cover! It actually made me eager to plan our next trip! Additionally, this book offers compassionate tips if leaving a loved one in respite-care facility. Very helpful!

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